

Maple Springs Baptist Church

Series: Stressed

Week 6: Decisions, Decisions

HOW DO I FIND GOD'S PEACE in MY DECISION-MAKING?

All decisions have consequences; unwise decisions have negative consequences. Wisdom helps us make wise decisions—which is a great way to eliminate stress & experience God's peace.

#1: We make wise decisions by Seeking Wise Counsel.

The Bible is the foundation for the life of a Jesus follower. **PROVERBS 6:20-23.**

ISAIAH 55:10-11. God's Word sometimes works like **rain** & sometimes like **snow**. Ultimately, they accomplish the same thing—they water the earth—but they do it differently. Rain gets everything wet right away. Snow can take time before it melts & saturates the soil.

You won't receive all the benefits you could receive from Scripture if you simply read it or hear it without choosing to apply it. **JAMES 1:22-25.**

So, what's in it for me? **PROVERBS 6:22-23.**

1) When we saturate ourselves in God's Word, He will show us the right way to go in life.

Psalms 119:105. One of the main rewards we receive when we saturate ourselves in God's Word is that it helps us see the right path forward.

2) Proverbs 6:23b. Scripture will correct us when we start going the wrong way.

#2 If we want to make wise decisions, we need to invite godly people to speak truth into our decision-making.

Proverbs 12:15: (1) My input is never enough because I don't know everything. (2) My perspective is always limited because I can't see everything. (3) My flesh is always deceitful because my own heart will lie to me about anything.

3 ways we can seek godly counsel from others as a key ingredient in making wise decisions:

1. ESTABLISH RELATIONSHIPS WITH GODLY PEOPLE. Proverbs 13:20. The people you invite into your life will either lead you toward wisdom or lead you toward foolishness. Your relational choices establish the environment from which my decisions are made.

2. LEAN ON THOSE RELATIONSHIPS for INPUT. Don't make decisions on an island.

Proverbs 19:20

3. CHOOSE TO BE TEACHABLE.

PROVERBS 12:15a. Fools believe themselves to be right most of the time.

PROVERBS 12:15b. It says the wise person listens to counsel.

PROVERBS 12:1. People who refuse to listen to instruction or correction are dumb as an ox.