

Maple Springs Baptist Church

Series: I will Rescue You

Week 3: Rescued from Worry

Matthew 6:25-34.

JESUS TELLS US NOT TO "WORRY"... The word means "**distracted**" i.e., don't let anxiety about food & clothing distract you from more important things in life.

3 Warnings About Worry

Warning #1: Worry Distracts: Matthew 6:25

To Overcome Worry, We Must Focus on Eternal Matters Instead of Temporary Ones—

Colossians 3:1-4

What to do: **Master the Right Mindset ... God Created You and Cares for You.**

Warning #2: Worry Derails: Matthew 6:26-30.

To Overcome Worry, We Must Focus on Our Father's Providential Care.

To Overcome Worry, We Must Recognize Our Great Value to God.

To Overcome Worry, We Must Recognize How Unproductive It Is.

What to do: **Regain the Right Focus & Understand Your Value.**

Warning #3: Worry Divides: Matthew 6:31-34

To Overcome Worry, We Must Pursue God's Promises. Make God's Will Your Number One Priority.

To Overcome Worry, We Must Focus on God's Grace for Today.

What to Do: **Prioritize Your Pursuit of Jesus ... He will Bring You Peace and Perseverance**

Guard Your Heart because What Worries You Masters You.