

Maple Springs Baptist Church

Series: Who Told You That? and the Lies We Believe

Week 3: The Lie—You Only Live Once

Genesis 3:3-5.

The Lie: YOLO — You Only Live Once.

YOLO is not wisdom — it's the serpent's old lie with a new hashtag. This is appetite pretending to be philosophy.

You don't only live once. You live once — and then you live forever somewhere.

Ecclesiastes 8:14–15

WHY YOLO IS SO APPEALING: YOLO is attractive because it gives us permission to do whatever we want without thinking about consequences. YOLO is not new. It's Genesis 3 in modern slang.

YOLO IS BUILT ON HALF-TRUTHS AND FULL LIES: Half-truth: Life is short. Lie: So live however you want.

Isaiah 22:13; Ecclesiastes 11:9

YOLO leaves out the most important fact: You don't only live once — you live forever.

YOLO'S TWO STUPID FRIENDS: "NO REGRETS" & "ONLY GOD CAN JUDGE ME"

Hebrews 9:27.

THE DEVIL'S GOAL: KEEP YOU FROM THINKING ABOUT WHAT COMES AFTER

Genesis 3:4

Strategy #1 — Make you forget death.

Matthew 10:28

Strategy #2 — Make you forget judgment.

THE BIBLICAL TRUTH: YOU DON'T ONLY LIVE ONCE — YOU LIVE FOREVER

The Bible teaches: Live once, die twice (physical death + spiritual death)

Live twice, die once (physical death only)

John 3:3

YOLO is a lie. Eternal life is the truth.

THE WISE RESPONSE: SEIZE ETERNITY, NOT JUST THE DAY

- **Ecclesiastes 12:1**
- **Colossians 3:2**
- **Matthew 6:20**

The wise don't just seize the day. The wise seize eternity.

THE GOSPEL ANSWER: DIE BEFORE YOU DIE

Romans 6:8; Galatians 2:20; 2 Timothy 2:11

CONCLUSION — LIVE TWICE, DIE ONCE

If you live once, you will die twice. If you live twice, you will die once.

Don't seize the day to spite God. Seize eternity to spite the devil.