

Maple Springs Baptist Church

Series: Who Told You That? and the Lies We Believe

Week 5: The Lie—Your Feelings Are Reality

The lie: “Your feelings are reality.”

SATAN DISTORTS GOD’S WORD (Genesis 3:1–5).

Satan’s First Move Is Not Open Rebellion but Subtle Reinterpretation.

- He exaggerates God’s restriction: **Genesis 3:1.**
- He minimizes God’s warning: **Genesis 3:4.**
- He questions God’s goodness: **Genesis 3:5.**

Satan wants you to define reality by emotion, not revelation.

SIN MAKES FEELINGS FEEL LIKE FACTS (Genesis 3:6).

Feelings are indicators, not dictators.

SHAME SENDS US INTO HIDING (Genesis 3:7–10)

Shame promises protection but produces isolation.

SIN BLAMES, BUT GOD CONFRONTS IN MERCY (Genesis 3:11–13).

Sin fractures communion with God & community with one another.

GOD JUDGES SIN & PROMISES A SAVIOR (Genesis 3:14–19).

GOD COVERS WHAT WE CAN’T (Genesis 3:20–21).

The God who confronts them also clothes them.

We need God to clothe us in Christ’s righteousness.

EXILE IS NOT THE END OF THE STORY (Genesis 3:22–24).

God prevents humanity from living forever in a fallen state.

WHAT DO WE DO WHEN FEELINGS ROAR?

Let the Word of God interpret your feelings instead of letting your feelings reinterpret the Word. **Hebrews 13:5. Romans 8:1. John 11:25.**

Jesus Christ is more real than anything you feel.